Food Babe's Chocolate Chip Cookies

Prep Time:	Cook Time:	Total Time:	Serves:
10 mins	15 mins	25 mins	8



https://foodbabe.com/cookie-content-unhealthy-truth-date-sugar

Ingredients:

- 1 cup almond butter (nut allergy use sunflower seed butter)
- 1 egg, beaten
- ½ cup date sugar
- 2 teaspoons unsulphured molasses
- 1 teaspoon vanilla extract
- 1/2 teaspoon baking soda
- 1/4 teaspoon sea salt
- 4 ounces chocolate chips

Instructions:

- 1. Preheat oven to 350° F and line large baking sheet with parchment paper.
- 2. Mix sugar, molasses, egg, vanilla, baking soda, and salt in a large bowl.
- 3. Add almond butter, and stir well to combine.
- 4. Fold in chocolate chips.
- 5. Scoop 1 tablespoon size balls onto parchment lined baking sheet.
- 6. Cook for about 12-15 minutes (longer if you like crispy cookies).
- 7. Place cookies on a cooling rack and cool for 5 minutes.

Notes:

• Please use organic ingredients if possible