

# Food Babe's Almond Chocolate Freezer Fudge



Prep Time:	Cook Time:	Total Time:	Serves:
1 hr, 15 mins	0 mins	1 hr, 15 mins	20

<https://foodbabe.com/almond-chocolate-freezer-fudge>

## Ingredients:

- 1 cup almond butter (nut allergy - use sunflower seed butter)
- 4 tablespoons coconut oil
- 1 ½ tablespoons maple syrup - grade B
- 4 ounces dark chocolate
- ½ teaspoon sea salt

## Instructions:

1. Cream almond butter, coconut oil, maple syrup, and salt together in a bowl.
2. Pour mixture into a parchment paper lined small baking dish (8×6).
3. Top with chopped chocolate and freeze for at least 2 hours.
4. Remove from freezer, carefully remove fudge by lifting ends of parchment paper.
5. Cut into 1 inch squares and store in freezer separated by parchment paper.

## Notes:

- ~ 138 calories each so don't get crazy and eat 10 at one time!
- Please buy all organic ingredients if possible