

# Food Babe's Chocolate Superfood Smoothie



Prep Time:	Cook Time:	Total Time:	Serves:
5 mins	0 mins	5 mins	2

<https://foodbabe.com/rev-health-creamy-chocolatey-superfood-smoothie>

## Ingredients:

- 2 bananas, frozen
- 1 cup baby spinach
- ½ cup cacao powder
- 2 tablespoons chia seeds
- 1 pinch ground cinnamon
- 1 ½ cups nut milk

## Instructions:

1. Place all of the ingredients in a blender and blend until smooth, adding ice if needed to reach desired consistency. Enjoy!

## Notes:

- Please use organic ingredients if possible