Food Babe's Coconut Creamsicle Berry Pops

Prep Time:	Cook Time:	Total Time:	Serves:
5 mins	2 hrs	2 hrs, 5 mins	4



https://foodbabe.com/sweet-summer-treat-coconut-creamsicle-berry-pops

Ingredients:

- 1 1/4 cups coconut milk
- 1/4 cup fresh orange juice
- 1 teaspoon orange zest
- 2 tablespoons maple syrup grade B
- ½ cup frozen berries
- 1 pinch sea salt

Instructions:

- 1. Place all of the ingredients into a large pitcher or bowl and mix well to combine.
- 2. Fill popsicle molds to the top and place the popsicle stick in the mold.
- 3. Freeze in freezer for at least 2 hours or overnight. Enjoy!

Notes:

Please choose all organic ingredients if possible.