

Food Babe's Coconut Manna Frosting



Prep Time:	Cook Time:	Total Time:	Serves:
5 mins	0 mins	5 mins	12

<https://foodbabe.com/gingerbread-cupcakes-with-coconut-icing>

Ingredients:

- ½ cup coconut manna
- 1 teaspoon pure vanilla extract
- 2 teaspoons maple syrup - grade B
- ½ cup coconut flakes

Instructions:

1. Combine vanilla, maple syrup and coconut manna together and whisk well
2. Use as frosting or topping on your favorite dessert
3. Top with coconut flakes for a festive look if desired

Notes:

- Please use organic ingredients if possible