

Food Babe's Easy & Healthy Pumpkin Pie

Prep Time:	Cook Time:	Total Time:	Serves:
1 hr	50 mins	1 hr, 50 mins	16



<https://foodbabe.com/easy-healthy-pumpkin-pie>

Ingredients:

- ½ cup coconut sugar
- 1 teaspoon cinnamon
- ½ teaspoon sea salt
- ½ teaspoon ground ginger
- ¼ teaspoon ground cloves
- 2 large eggs
- 14 ounces pure pumpkin puree
- 14 ounces full fat coconut milk
- 1 unbaked 9-inch pie shell

Instructions:

1. Preheat oven to 375° F.
2. Combine all filling ingredients in a bowl and puree with a stand or hand mixer.
3. Pour filling ingredients into pie shell.
4. Bake for 40 to 50 minutes (or longer) or until knife inserted near center comes out clean.
5. Cool on wire rack for 2 hours. Serve immediately or refrigerate.
6. Top with whipped cream before serving.

Notes:

- Filling may yield two pies depending on your pie dish or crust.
- Please choose all organic ingredients if possible