

Food Babe's Maca Hot Chocolate

Prep Time:	Cook Time:	Total Time:	Serves:
5 mins	5 mins	10 mins	2



<https://foodbabe.com/could-this-be-the-cause-of-a-sudden-weight-gain>

Ingredients:

- 2 ½ cups nut milk
- 4 tablespoons raw cacao powder
- 1 tablespoon maca powder
- 2 dates, pitted
- 1 pinch sea salt

Instructions:

1. Combine all ingredients in blender and blend until smooth.
2. Place ingredients in a small sauce pan and slowly warm to temperature desired.

Notes:

- Please use all organic ingredients if possible