

# Food Babe's Nutrient-Rich Flavored Water



Prep Time:	Cook Time:	Total Time:	Serves:
10 mins	0 mins	10 mins	6

<https://foodbabe.com/zero-calorie>

## Ingredients:

- 8 cups filtered water
- 8 slices whole lemons
- 8 slices limes
- 8 slices oranges
- 16 slices cucumbers

## Instructions:

1. Place all of the fruit and vegetable slices in a glass pitcher and fill with filtered water (plain or sparkling).
2. Let sit for 5-10 minutes. If not drinking immediately, store in the refrigerator.

## Notes:

- Please choose all organic ingredients if possible.