

Food Babe's Peach Pie Pops



Prep Time:	Cook Time:	Total Time:	Serves:
5 mins	2 hrs	2 hrs, 5 mins	4

<https://foodbabe.com/superfood-popsicles>

Ingredients:

- 1 cup peach, peeled and chopped
- ½ cup coconut milk
- 1 teaspoon fresh lemon juice
- 1 tablespoon chia seeds
- ½ teaspoon ground cinnamon
- 3 ½ tablespoons maple syrup - grade A
- ¼ cup [granola of choice](#)

Instructions:

1. Place all of the ingredients in a blender except the granola and blend to combine.
2. Pour the mixture into popsicle molds leaving a little space on the top to add a tablespoon of granola to each. Place in the freezer for at least 2 hours or overnight.

Notes:

- I like to use my own homemade granola for this, get the recipe here: <https://foodbabe.com/healthygranola/>
- Please use all organic ingredients if possible