

Food Babe's Pita or Tortilla Chips



Prep Time:	Cook Time:	Total Time:	Serves:
5 mins	10 mins	15 mins	8

<https://foodbabe.com/creamy-kale-and-artichoke-dip-with-homemade-chips>

Ingredients:

- 1 pack wheat pita or small tortilla shells
- 1 tablespoon coconut oil
- ¼ teaspoon paprika
- ¼ teaspoon sea salt

Instructions:

1. Preheat oven to 400° F.
2. Cut pita or tortilla into triangle wedges with a pizza cutter.
3. Mix wedges with coconut oil, paprika and sea salt in a large bowl.
4. Place wedges on a baking rack and bake at 400° F for 8-10 minutes until crisp.
5. Remove from oven and enjoy!

Notes:

- It's a good idea to make these while the dip is cooling.
- Please choose all organic ingredients if possible.