

Food Babe's Rice Krispies Treats



Prep Time:	Cook Time:	Total Time:	Serves:
5 mins	10 mins	15 mins	15

<https://foodbabe.com/how-to-make-rice-krispies-treats-without-controversial-ingredients-like-bht-and-corn-syrup>

Ingredients:

- 3 tablespoons grassfed organic butter
- 6 cups brown rice crisps
- 4 ½ ounces marshmallows

Instructions:

1. Melt 3 tablespoons of butter on the stove in a saucepan.
2. Add the marshmallows to the saucepan and heat until they are melted.
3. Take the pan off of the stove.
4. Stir in 6 cups brown rice crisps and mix until well combined.
5. Press the mixture into a buttered baking pan.
6. Allow to cool. Enjoy!

Notes:

- You can use up to 9 ounces marshmallows (2 bags), but they will be more sugary. I like to use 4.5 ounces (one bag)
- Please use natural marshmallows like Smashmallows Vanilla
- Please choose organic ingredients whenever possible