

# Food Babe's Super Detox Juice



Prep Time:	Cook Time:	Total Time:	Serves:
15 mins	0 mins	15 mins	2

<https://foodbabe.com/super-detox-juice>

## Ingredients:

- 1 bunch dandelion greens
- ½ bunch celery
- ½ bunch fresh cilantro
- 1 cucumber
- 1 whole lemon, peeled
- 2 inches ginger root

## Instructions:

1. Wash all vegetables thoroughly and place into a large bowl.
2. Juice each vegetable in this order – dandelion, cilantro, celery, ginger, cucumber (please slice off the ends), lemon (peeled).
3. Stir mixture before serving.
4. Clean juicer immediately.

## Notes:

- Makes two 15 ounce servings – Sip slowly and drink with intention immediately after juicing.
- Can be stored in an airtight container for up to 12 hours (Some live enzymes will be lost).
- Please buy all organic ingredients if possible